Marco Cícero Bottino<sup>(a)</sup> Mutlu Özcan<sup>(b)</sup> Paulo Guilherme Coelho<sup>(c)</sup> Luiz Felipe Valandro<sup>(d)</sup> José Carlos Bressiani<sup>(e)</sup> Ana Helena Almeida Bressiani<sup>(e)</sup>

- <sup>(0)</sup>Department of Materials Science and Engineering, University of Alabama at Birmingham, Birmingham, USA.
- <sup>(b)</sup>Department of Dentistry and Dental Hygiene, University Medical Center Groningen, University of Groningen, Groningen, The Netherlands.
- <sup>(4)</sup>Department of Biomaterials and Biomimetics, New York University College of Dentistry, New York, USA.
- (d) Department of Restorative and Prosthetic Dentistry, School of Dentistry, Federal University of Santa Maria, Santa Maria, Brazil.
- (•) Materials Science and Technology Center, Institute for Energy and Nuclear Research (IPEN), São Paulo, Brazil.

#### Corresponding author:

Marco Cícero Bottino Materials Science and Engineering University of Alabama at Birmingham BEC 254 - 1530 3<sup>rd</sup> Avenue South Birmingham - AL - USA 35294-4461 E-mail: bottino@uab.edu

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# Micro-morphological changes prior to adhesive bonding: high-alumina and glassy-matrix ceramics

**Abstract:** The aim of this study was to gualitatively demonstrate surface micro-morphological changes after the employment of different surface conditioning methods on high-alumina and glassy-matrix dental ceramics. Three disc-shaped high-alumina specimens (In-Ceram Alumina, INC) and 4 glassy-matrix ceramic specimens (Vitadur Alpha, V) (diameter: 5 mm and height: 5 mm) were manufactured. INC specimens were submitted to 3 different surface conditioning methods: INC, - Polishing with silicon carbide papers (SiC); INC<sub>2</sub> - Chairside air-borne particle abrasion (50 µm Al<sub>2</sub>O<sub>3</sub>); INC<sub>3</sub> - Chairside silica coating (CoJet; 30 µm SiO<sub>2</sub>). Vitadur Alpha (V) specimens were subjected to 4 different surface conditioning methods: V<sub>1</sub> - Polishing with SiC papers; V<sub>2</sub> - HF acid etching; V<sub>3</sub> -Chairside air-borne particle abrasion (50  $\mu$ m Al<sub>2</sub>O<sub>3</sub>); V<sub>4</sub> - Chairside silica coating (30 µm SiO<sub>2</sub>). Following completion of the surface conditioning methods, the specimens were analyzed using SEM. After polishing with SiC, the surfaces of V specimens remained relatively smooth while those of INC exhibited topographic irregularities. Chairside air-abrasion with either aluminum oxide or silica particles produced retentive patterns on both INC and V specimens, with smoother patterns observed after silica coating. V specimens etched with HF presented a highly porous surface. Chairside tribochemical silica coating resulted in smoother surfaces with particles embedded on the surface even after air-blasting. Surface conditioning using air-borne particle abrasion with either 50 µm alumina or 30 µm silica particles exhibited qualitatively comparable rough surfaces for both INC and V. HF acid gel created the most micro-retentive surface for the glassy-matrix ceramic tested.

**Descriptors:** Air abrasion, dental; Hydrofluoric acid; Acid etching, dental; Ceramics.

## Introduction

With the addition of crystals such as guartz and aluminum oxide as reinforcing components, mechanical properties of dental ceramic materials have significantly improved.1 New ceramic systems have been introduced and recommended as substitutes for metalloceramic restorations. One such ceramic system is In-Ceram (Vita-Zahnfabrik), an aluminous ceramic (~ 80 wt%) infiltrated with glass. This system has demonstrated flexural strength three to four times higher compared to other ceramics.<sup>2</sup> A restoration made of In-Ceram has an aluminum-sintered core that is later veneered with a glass ceramic (Vitadur Alpha, Vita-Zahnfabrik). This veneering ceramic is composed of oxidized crystals of aluminum, dispersed throughout its vitreous amorphous matrix.2

A key determinant for the clinical success of reinforced ceramic restorations is the achievement of reliable bond strength between luting agent and internal surfaces of the restoration. In case of chipping or fracture of ceramic restorations, a reliable repair strength with composite is desirable.<sup>3</sup> However, in order to maximize the adhesion between new ceramic restorative systems and resin cements or repair composites, various procedures for the preparation of the ceramic surface have been reported.<sup>3-26</sup>

The purpose of this study was to qualitatively demonstrate micro-morphological changes in two commonly used ceramic materials after various surface treatment methods by means of Scanning Electron Microscopy (SEM) that would improve our understanding of surface changes that would affect the bond strength results reported in dental literature.

## Material and Methods Specimen preparation

Disc-shaped specimens of high-alumina (INC) (In-Ceram Alumina, Vita-Zahnfabrik, Bad Säckingen, Germany) (n = 3) and glassy-matrix (V) (Vitadur Alpha, Vita-Zahnfabrik, Bad Säckingen, Germany) (n = 4) were obtained according to the manufacturer's instructions. A custom designed separable stainless steel mold (height: 5 mm, diameter: 5 mm) was used for the standardization of the specimens.

Prior to surface treatment procedures, both sides of each specimen were wet ground finished in a polishing machine using a series of silicon carbide (SiC) abrasive papers in sequence (No. 240, 320, 400, 600 grit, Buehler, Lake Bluff, IL, USA) for 15 seconds under water irrigation at 300 rotations per minute (rpm) to obtain standardized flat and smooth surfaces. The specimens were then cleaned in an ultrasonic bath (Vitasonic) (Vita Zahnfabrik, Bad Säckingen, Germany) containing isopropanol for 3 minutes and were air-dried (Method 1 - control). Subsequently, surface conditioning methods and their combinations were applied on the specimen surfaces. The specimens in each ceramic group were randomly assigned to one of the 4 surface conditioning methods for V and 3 methods for INC:

#### Surface conditioning methods

Method 2: HF acid gel (9.5%) (Ultradent<sup>®</sup> Porcelain Etch, South Jordan, UT, USA) was applied for 90 s, rinsed with distilled water for 20 seconds, and air-dried for 10 seconds according to the manufacturer's recommendations. It should be noted that HF acid gel application was excluded for INC specimens since this surface treatment was found not to be effective on changing surface morphology in this ceramic due to its microstructure and composition.<sup>13,18</sup>

Method 3: Chairside airborne particle abrasion with 50  $\mu$ m Al<sub>2</sub>O<sub>3</sub> particles (Korox<sup>®</sup>, Bego, Bremen, Germany) was applied using an intraoral air abrasion device (Microetcher) (Danville Inc., Danville Inc, San Ramon, CA, USA) from a distance of approximately 10 mm, in circular motions perpendicular to the disk surface at a pressure of 2.8 bars for 14 seconds and air dried.

Method 4: In this method, silica coating process was achieved using the same intraoral abrasion device under the same conditions as in Method 3, but this time  $30 \,\mu\text{m SiO}_x$  (CoJet-Sand®) (3 M Dental Products, St. Paul, MN, USA) particles were used.

#### Surface morphology evaluation

The surface morphology of the conditioned ceramics was evaluated by means of scanning electron microscopy, SEM, (Philips XL 30, Philips, Eind-



**Figure 1** - Surfaces of wet ground finished (**A**) V and (**B**) INC ceramics using SiC abrasive papers in sequence for 15 seconds under water irrigation. Note the rougher surface at the INC than at the V ceramic (original magnification 1,500 X).

hoven, The Netherlands) at 1,500 X magnification with an acceleration voltage of 15 kV and working distance of 8 mm, after sputtering the ceramic surfaces with a gold palladium alloy to a layer of approximately 30 nm in thickness.

### Results

Wet ground finishing of the ceramic surfaces for 15 seconds using SiC abrasive papers resulted in smooth surfaces for V (Figure 1A). In contrast, INC surfaces presented more pronounced irregularities (Figure 1B).

V ceramic surfaces etched with HF acid gel presented a porous surface pattern comparable to threedimensional dendrites (Figure 2).

In the case of chairside air-abrasion procedure with  $50 \ \mu m \ Al_2O_3$ , both V and INC ceramic surfaces exhibited similar rough surface patterns that presented incorporation of sand particles on their surfaces (Figures 3A-B).

The use of chairside type of silica coating (Co-Jet System) with smaller silica particles resulted in smoother surfaces compared to surfaces obtained with 50  $\mu$ m Al<sub>2</sub>O<sub>3</sub>. V and INC did not present remarkable differences in the qualitative surface topography after the use of both chairside abrasion methods (Figures 4A-B).

## Discussion

In this study, an etchable and a non-etchable ceramic, namely V – a feldspathic aluminous ceramic,



**Figure 2** - V ceramic surface etched with HF acid only presented a highly porous surface pattern with three-dimensional lattice of voids and channels (original magnification 1,500 X).

and INC – high alumina, were selected for surface micro-morphology evaluation after various conditioning methods used prior to cementation or for repair purposes.

SEM evaluation after the SiC papers employment (Figures 1A-B) demonstrated different surface roughness patterns for the two ceramics tested. This difference in surface roughness appearance may be attributed to differences between surface hardness and microstructure composition of the two ceramics.

Several investigations have considered HF acid etching followed by silane application a crucial and an effective method of surface conditioning for feldspathic ceramics, silica-based ceramics, and



**Figure 3** - Typical SEM views of (**A**) V and (**B**) INC ceramic surfaces with abundant sand particles (clearer areas) after 50  $\mu$ m Al<sub>2</sub>O<sub>3</sub> air-abrasion followed by air blasting (original magnification 1,500 X).



**Figure 4** - Representative SEM micrographs of (**A**) V and (**B**) INC ceramic surfaces after chairside silica coating (30  $\mu$ m SiO<sub>x</sub>, CoJet System). Note the similar rough pattern presented for both ceramic surfaces (original magnification 1,500 X).

low-fusing ceramics, providing the rationale for this mode of treatment for the V ceramic evaluated in the present study.<sup>8,9,19,20</sup> SEM micrographs of the V ceramic surface (Figure 2) treated with HF acid gel presented a porous surface pattern comparable to three-dimensional dendrites previously described by Phoenix, Shen<sup>20</sup> (1995) or to a three-dimensional lattice of voids and channels reported by Tylka, Stewart<sup>3</sup> (1994). It is important to point out that HF acid etching was not used in the present study for In-Ceram ceramic, since it does not sufficiently etch the surface, providing small amount of increase in the adhesion of resin cements to this ceramic.<sup>18,19</sup> HF acid gels of approximately 10% have been considered the most commonly used agent. However, this acid solution is known to be highly toxic, caustic, and extremely deleterious when in contact with human tissues.<sup>5</sup>

Phoenix, Shen<sup>20</sup> (1995) suggested that 9.5% HF acid etching resulted in the lowest contact angle values when compared with other acid solutions and after aluminum oxide air-abrasion. The results of previous studies demonstrated that HF acid etching used as surface treatment yields the highest bond strength values, since surface topography changes provided by this surface treatment allowed better wettability of the silane due to the higher surface energy of the etched surface.<sup>3,7,11,18-21</sup>

Kern, Thompson<sup>13</sup> (1995) have shown that the isolated use of air abrasion in In-Ceram ceramic surface does not produce satisfactory results when used in combination with dual-cured Bis-GMA resin cement. As an alternative, Kern, Thompson<sup>13</sup> (1995) attempted to add a silane agent to the treatment. Despite the silane addition, bond strength values fluctuated due to the lack of silica on the In-Ceram surface. In the same study, aluminum oxide air-abrasion combined with a phosphate monomer (10-methacryloyloxydecyl-dihydrogen-phosphate, MDP) resin cement demonstrated significantly higher bond strength compared to the use of conventional Bis-GMA. This phenomenon was attributed to the stable bond between phosphate ester groups of the monomer and metal oxides.

Based on the results obtained utilizing SEM (Figures 3A-B), it was possible to qualitatively show that the ceramic surfaces following air-abrasion with aluminum oxide presented sharp edges and fragments of abrasive agent after air blasting. These observations support the findings of Blixt et al.6 (2000), who observed the same phenomenon while utilizing a larger particle size as chairside air abrasion media. According to Phoenix, Shen<sup>20</sup> (1995), the sharp points observed were due to the microcracks produced by the impact of aluminum oxide particles on the ceramic surface. Even though employing abrasive particles might produce intermediate wetting and contact angle values, according to Roulet et al.<sup>21</sup> (1995), the resulting surfaces were most likely not ideal for bonding since sharp irregularities might serve as stress concentration points which could lead to fracture within the ceramic material. The advantage of the airborne particle abrasion procedure over mechanical roughening with diamond burs has already been demonstrated.<sup>26</sup> The abrasive process removes loose contaminated layers and the resulting roughened surface provides some degree of mechanical interlocking or "keying" with adhesive agents. It can be argued that the increased roughness also forms a larger surface area for the bond. While these mechanisms explain some of the general characteristics of adhesion to roughened surfaces, it may also introduce physico-chemical changes that affect surface energy and wettability.

Silane coupling agents with the general chemical formula  $X-(CH_2)_3$  Si- $(OR)_3$  are capable of forming chemical bonds with both organic and inorganic surfaces.<sup>16,18,26</sup> The chemical coupling is achieved by

the reaction of 10-methacryloxypropyltrimethoxysilane (MPS) to the silicon oxide phase in the ceramic. Particularly with feldspathic ceramics, HF acid etching combined with silane coupling agents yielded satisfactory results with respect to bond strength, and also revealed results superior to those of surface treatments with aluminum oxide air-abrasion.<sup>4,21</sup> It is important to apply the silane coupling agent in a homogeneous monolayer since uncoated regions may eventually suffer from lack of resin adhesion.<sup>17</sup> On the other hand, thick layers of silane will require longer hydrolysis and condensation time and therefore act as a weak link between the ceramic and the resin cement.

In tribochemical silica-coating systems, mechanical energy is transferred to the substrate as kinetic energy, resulting in temperature change (spot heating) on the surface. This treatment results in metal or ceramic surfaces covered by a thin layer of silica particles, increasing surface energy, improving micromechanical retention, and potentially creating chemical adhesion sites for silane reaction.<sup>27</sup> The laboratory type of silica coating has been successfully used in combination with resin cements on glass-infiltrated densely sintered alumina ceramics, as well as zirconium oxide based ceramics.<sup>6,13,15,18</sup> In the present study, chairside silica coating (Figures 4A-B) created relatively smoother surfaces than alumina particles (Figures 3A-B). Comparable results were found in terms of bond strength with either laboratory or chairside silica coating and silanization system.<sup>23-25</sup>. Furthermore, small particle size (chairside silica coating) would not lead to exaggerated material loss during air-abrasion. Considering the relatively smooth surfaces observed, further investigation should concern whether a rougher surface is really needed for high bond strength of resin cements to high alumina or other reinforced ceramics.

## Conclusions

Based on the SEM evaluation of high-alumina and glassy-matrix ceramics after different surface conditioning methods, the following conclusions were drawn:

• The V ceramic surface etched with HF acid only

presented a highly porous surface pattern;

 After chairside airborne particle abrasion with 50 μm Al<sub>2</sub>O<sub>3</sub>, both INC and V ceramic surfaces exhibited similar surface patterns and were covered with sand particles even after air blasting;

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